

Principal Public Hospitals with Emergency Rooms

STATE HOSPITALS

Hospital de Santa Maria Av. Prof. Egas Moniz Lisbon	21 780 5000	http://www.hsm.min-saude.pt/
Hospital de S. Jose Rua Jose A. Serrano Lisbon	21 884 1000	http://www.chlc.min-saude.pt/
Hospital de S. Francisco Xavier Estrada Forte do Alto do Duque Lisbon	21 043 1000	http://www.hsfxavier.min-saude.pt/
Hospital de Cascais Av. Brigadeiro Novais Goncalves Alcabideche	21 465 3000	http://www.hppcascais.pt/
Hospital Amadora-Sintra I.C. 19 Amadora Sintra	21 434 8200	http://www.hff.min-saude.pt/

Principle Private Hospitals/Clinics with Emergency Rooms

PRIVATE HOSPITALS

Hospital CUF Descobertas Rua Mario Botas Parque das Nacoes, Lisboa	21 002 5200	www.saudecuf.pt
Hospital da Luz Avenida Lusitana, 100 Lisbon	21 710 4400	www.hospitaldaluz.pt
Hospital CUF Cascais R. Fernao Lopes-Cobre Cascais (Mainly outpatient clinic but after hour care Adults 24 hours; Children 08:00-24:00)	21 114 1400	www.saudecuf.pt
Hospital dos Lusitana Rua A e D do Loteamento do Alto do Moinhos Lisbon	21 770 4040	www.hppsauade.pt
Hospital da CUF Infante Santos Travessa do Castro,3 Lisbon	21 392 6100	www.saudecuf.pt
Hospital Particular Av. Luis Bivar, 30 Lisbon	21 358 6200	www.hpl.pt
Hospital da Cruz Vermelha Rua Duarte Galvao, 54 Lisbon	21 771 4000 (not for children under 16 or OB/GYN emergencies)	www.hcvp.com.pt

Other Useful Telephone Numbers

Alcoholics Anonymous	21 716 2969	www.aaportugal.org
Narcotics Anonymous	800 20 20 13	www.na-pt.org

24 hour Pharmacy Info
24 hour Public Health Line
24 hour Veterinary Hospital
www.hospitalveterinario.pt

1820
808 24 24 24
21 330 2119 / 93 303 2120

<http://farmacias.sapo.pt>
www.saude24.pt

All employees are required to have private health insurance that is valid overseas.

MEDICAL AND DENTAL CARE IN THE COMMUNITIES

Medical Roster

The following is a list of hospitals, physicians, laboratories, and x-ray facilities compiled by the Health Unit.

The list is not meant to be exhaustive or definitive nor does it represent either a guarantee of competence or endorsement by the Department of State or the American Embassy. It does indicate that they have been utilized by the American community in the past. Retention on this list depends upon a combination of factors including availability, training, and positive assistance in previous consultations, etc. Patient input, both positive and negative, regarding experience with local health care providers is always welcome and provides additional information to assist in expanding or contracting this list. **More physician/dentist/health care provider contacts for referral are available in the Health Unit upon request. The ultimate choice of a provider rests with the individual seeking medical assistance.**

If you need any assistance in getting an appointment, contact the Health Unit Nurse. Lisbon is full of excellent medical and dental specialists in all fields. We are able to make referrals from our office as needed. When a patient is referred by our office to a local physician or a local medical facility for outpatient care, the patient is directly responsible for payment. It is advisable to query the physician/lab about the price of the service *before* accepting treatment. These bills may be submitted to your health insurance company for reimbursement.

The asterisks next to each physician's name indicate our understanding of their English speaking ability.

**** Good Command of English * Fair Command of English**

ALLERGISTS

Dr. Wanda Videira ()**

Pulmonologist/Allergies

Clinica Sacoor

Rua Quinta das Palmeiras, 33 B e C

2780-145 Oeiras

T 21 458 3226

M 93 755 8710

www.clinicasacoor.pt

CARDIOLOGISTS

Dr. Luis Pinto dos Santos ()**

Office: CMIL

Av. Sidonio Pais, 14, R/C left

1050-214 Lisboa

Hours: Mon and Thurs 1530-2000

T 21 351 3310

F 21 315 1668

lisboa@cnil.pt

CARDIO-THORACIC SURGEONS

Dr. Pedro Magalhaes ()**

Office: Hospital Cruz Vermelha
Rua Duarte Galvao, 54
1549-008 Lisboa

T 21 771 3511
F 21 778 0671

www.hcvp.com.pt

DENTISTS

Dr. Francis Haley ()**

(Dental Surgeon/ Gen. Dentistry-Accepts TRICARE)

Office: Edificio Grei
Av. 25 de Abril, 184, 1-C
2750-511 Cascais

(24 hr number for weekend emergencies)

T 21 486 3012

F 21 486 3011

Hours: Mon thru Fri 0900-1730

<http://clinic.cdhaley.pt>

Dr. Thomas Schreiner ()**

(Dental Implants/Endodontics/Esthetics/Oral Surgery)

Office: Rua Pascoal de Melo, 60, R/C
1000-234 Lisbon

T 21 355 8599

F 21 355 8471

Hours: Mon thru Fri 0900-1300 1500-1900

www.schreiner.pt

Office: Av NS do Rosario, 603-1st Fl.

T 21 484 9075

Edificio Biarritz

F 21 484 9077

2750-179 Cascais

www.clinicasschreiner.com

Hours: Wed thru Fri 0900-1300 1500-1900

Prof. Dr. Gil Pessanha Alcoforado ()**

(Periodontist/Implants)

Office: Rua Artilharia Um, 51, Ed.3 A-A+2
1250-038 Lisboa

T 21 383 9100

F 21 383 9107

Hours: Mon - Fri 0830-1300 1400-1730

www.clinicalcoforado.pt

Dr. Pedro Miguel Leitao ()**

(Orthodontist)

Office: Ed. Multicentro
R. Julieta Ferrao, 12, 5-C
1600-131 Lisboa

T 21 795 2583

F 21 795 2584

Hours: Tues-Fri 0900-1900

Dr. Anabela Pereira and Dr. Sara Pereira ()**

(Pediatric Dentistry / Orthodontist-Pediatric and Adult)

Office: Rua Quinta das Palmeiras, 93, 1 A/B
Torre Lisboa
2780-154 Oeiras

T 21 457 5082/3

F 21 458 7244

Hours: Mon thru Fri 0900-1330 1430-2000

www.cedo.biz

Dr. Ana Paula Marques ()**

(Pediatric Dentistry/Univ. of Minnesota)

Dr. Luis Almeida Jardim ()**

(Orthodontics/Univ. Of Minnesota)
Office: Rua Julieta Ferrao, 10-4th floor
1600-131 Lisbon
Hours: Mon to Fri 0900-2000

T 21 727 3309/21

F 21 727 4351

www.clinicajardim.pt

Dr. Martin Johansson ()**

(General Dentistry, Aesthetics, Crowns, Bridges, Hygiene, Implants, Orthodontics)
Office: Rua de Italia, 34 A
Quinta de Sao Goncalo
2775-407 Carcavelos
Hours: Mon - Fri 0830-1900

T 21 458 0764

F 21 458 3159

Dr. Cesar Pimentel ()**

(Orthodontics)
Office: Alinea Premium Oral Care
Av. Saboia, 159
2765-278 Monte Estoril

T 21 012 2926

www.alinea.com.pt

DERMATOLOGISTS

Dr. Antonio Picoto ()**

(Laser and Dermatological Surgery)
Office: Rua Fernando Pedroso, 5
1000-130 Lisbon
Hours: Mon Thurs 1400-2000 Fri 1130-1300

T 21 846 2376

F 21 846 2376

Dr. Rui Mendonca ()**

Office: CMIL
Av. Sidonio Pais, 14, R/C lft
1050-214 Lisbon
Hours: Tues 1000-1300 Thurs 1600-1800

T 21 351 3310

F 21 315 1668

lisboa@cmil.pt

Office: Clinica Europa
Rua Catembe, 165
2775-561 Carcavelos

T 21 456 9800

F 21 456 9826

www.clinicaeuropa.pt

Dr. Fernando Guerra ()**

(Laser/ Photo Therapy/Hair Removal)
Office: Av. Guerra Junqueiro, 5, 3 Esq
1000-166 Lisboa
Hours: Mon - Fri 1100-2000

T 21 843 8680

F 21 843 8683

www.epilaser.pt

Dr. Vanda Oliviera ()**

General Medical doctor specializing in skin and hair diseases
Office: Centro Clinico do Rosario
Av N S do Rosario, Lote 1212
2750-178 Cascais
Hours: Tues thru Fri 1300-1800

T 21 482 6860

F 21 482 6869

www.clinicadorosario.org

EAR, NOSE, AND THROAT

Prof. Dr. Carlos Bentes Ruah ()**

Office: Clinica Europa
Rua de Catembe, 165
2775-561 Carcavelos
Hours: Mon-Wed 0900-1000 Sat 1000-1300

T 21 456 9800
F 21 456 9826

www.clinicaeuropa.pt

Dr. Joao Pedro Leandro ()**

Office: Clinica CUF Cascais
Rua Fernao Lopes-Cobre
2750-663 Cascais
Hours: Mon to Fri from 1500

T 21 114 1400
F 21 481 9299

www.saudecuf.pt

ENDOCRINOLOGIST

Prof. Dr. Alberto Galvao-Teles (*)

Office: Rua Rodrigo da Fonseca, 151, 1 Dto.
1070-242 Lisboa
Hours: Mon Fri 0900-2000

T 21 381 2350
F 21 381 2358

www.nedo.pt

FAMILY/GENERAL PRACTITIONERS

Dr. Antonio J. Maia ()**

Office: Centro Clinico do Rosario
Av NS do Rosario, Lote 1212
2750-178 Cascais
Hours: Mon - Fri 0900-1830

T 21 482 6860
F 21 482 6869

Dr. Minnie Freudenthal ()**

(General Medicine/Nutrition Counseling)

Office: Centro Clinico do Rosario
Av NS do Rosario, Lote 1212
2750-178 Cascais

Hours: Mon Fri 1000-1300

Office: ICUL
Torres de Lisboa, Torre F, Piso 2
Lisboa

Hours: Mon 0900-1200

T 21 482 6860
F 21 482 6869

T 21 722 1391
F 21 722 1392

Dr. Jose Miguel Ribeiro ()**

Office: CMIL-Lisbon
Av. Sidonio Pais, 14 R/C Lft.
1050-214 Lisbon

Hours: Mon thru Fri

Office: Clinica CUF Cascais
Rua Fernao Lopes-Cobre

T 21 351 3310
F 21 315 1668

www.cmil.pt

T 21 114 1400
F 21 114 1440

2750-663 Cascais
Hours: Tues 0900-1300 Fri 1500-1830

GASTROENTEROLOGY/ENDOSCOPY

Dr Manuel Rossario ()**

Office: Centro Clinico do Rosario
Av NS do Rosario, Lote 1212
2750-178 Cascais

T 21 482 6860
F 21 482 6869

GYNECOLOGISTS/OBSTETRICIANS

Dr. Manuel Neves e Castro ()**

Gynecology/Endocrinology (Menopause)
Office: Av. Luis Bivar 93C 1-Dto
1050-143 Lisboa

T 21 315 7908
T 21 317 4910

www.neves-e-castro.pt

Dr. Antonio Manuel de Franca Martins ()** OB/GYN

Office: Av. Joao XXI, 3, 1 Rt.
1000-297 Lisboa
Hours: Mon thru Fri 0800-2000

T 21 843 5920
F 21 843 5929

www.goclinic.com.pt

Dr. Candido Tomas ()**

OB/GYN/Reproductive Endocrinology

Dr. Miguel Tuna ()** Infertility/High Risk Pregnancy

Dr Jose Cunha ()** OB/GYN

Office: Ava Clinic
Avenida Antonio Augusto de Aguiar, 5-A
1050-010 Lisbon

T 21 324 5000
F 21 324 5005

www.avaclinic.pt

Hours: Mon thru Fri 0900-1700

Dr. Patricia Teixeira ()** OB/GYN (adolescent GYN)

Hours: Wed 0900-1200

Office: Clinica CUF Cascais
R. Fernao Lopes-Cobre
2750-663 Cascais

T 21 114 1400
F 21 114 1440

Hours: Thurs 1030-1730

Office: CUF Descobertas
Rua Mario Botas

T 21 002 5200
F 21 002 5223

1998-018 Lisbon

Hours: Mon 0900-1330 Weds 1400-1900

INTERNAL MEDICINE

Dr. Jose Miguel Ribeiro ()**

Office: CMIL
Av Sidonio Pais, 14 R/C left

T 21 351 3310
F 21 315 1668

1050-214 Lisboa
Hours: Mon thru Fri
Office: Clinica CUF Cascais
Rua Fernao Lopes-Cobre
2750-663 Cascais

lisboa@cmil.pt

T 21 114 1400
F 21 114 1440

LABORATORY ANALYSIS

Imunolab

Office: Av. General Rocardas, 68 B
1170-164 Lisboa
Hours: Mon thru Fri 0800-2000
Office: Carcavelos 0730-1100

T 21 815 3406
F 21 812 7682
T 21 457 5262

NOTE: OFFERS 50% DISCOUNT TO EMBASSY EMPLOYEES

Lumilabo

Office: Av Columbano Bordalo Pinheiro, 71, A/B
1070-061 Lisbon
Hours: Mon thru Fri 0700-1900 Sat 0800-1300

T 21 721 0480
F 21 727 1622
www.lumilabo.pt

NEUROLOGISTS

Dr. Angela Valença ()**

Office: CMIL
Av. Sidonio Pais, 14, R/C lft
1050-214 Lisboa
Hours: Mon-Thurs 1430-1830

T 21 351 3310
F 21 315 1668
lisboa@cmil.pt

Dr. Jose Ferro ()**

Office: Campo Grande, 382, 2 fl.
Lisbon
Hours: Mon-Fri 1400-2000 Tues 1700-2000

T 21 752 4491
F 21 752 4493

Dr. Nuno Lobo Antunes ()**

Pediatric Neurologist
Office: PIN-Progresso Infantil
Rua Pedro Alvares Cabral, 47
Edificio Sanremo Estudio, Junqueiro
2775-615 Carcavelos

T 21 458 2140
M 91 0460 460
www.pin.com.pt

NEURO SURGEONS

Dr. Eduardo Lucas dos Santos ()**

Office: Hospital da Cruz Vermelha
Rua Duarte Galvao, 54
1500-008 Lisboa
Hours: Mon Wed 1500-1900

T 21 771 4000
F 21 771 3531

ONCOLOGISTS

Dr. Ricardo da Luz ()**

Office: Av Antonio Augusto Aguiar 42, R/C left
10500-016 Lisbon
Hours: Mon-Fri 1500-2000

T 21 314 2841
F 21 314 2841

Dr. Joaquim Jose Pereira de Gouveia ()**

Hematology/Oncology
Office: Hospital CUF Descobertas
Rua Mario Botas
1998-018 Lisbon
Hours: Mon Fri 0800-1800

T 21 002 5460
F 21 002 5223
www.saudecuf.pt

OPHTHALMOLOGISTS

Dr. Luis Cabral ()**

Office: Clinica Oftalmologica Dr. Gil Cabral
Av. da Liberdade, 234, R/C
1250-148 Lisboa
Hours: Mon Fri 1730-2000

T 21 353 9732
F 21 354 0075

Dr. Isabel Almasque ()**

Office: Av. Das Forças Armadas, N. 4, 7-D
1600-082 Lisboa
Hours: Tues Thurs 1500-1900

T 21 355 2670

Dr. Helena Morais Botelho ()**

Office: Cruz Vermelha Parede
Parede

T 21 458 7861
T 21 457 2797

Dr. Margarida Marques ()**

Pediatric Ophthalmology
Office: Medicil Lisboa
Rua S. Sebastiao da Pedreira, 82 B
1050-204 Lisboa

T 21 350 2300

ORTHOPEDISTS

Dr. Manuel Cassiano Neves ()**

Orthopedics and Pediatric Orthopedics
Office: Hospital CUF Descobertas
Rua Mario Botas
Parque das Nações
1998-018 Lisboa

T 21 002 5200
F 21 002 5571
www.centrodeortopediahcp.com

Dr. Jorge Mineiro ()**

Office: Hospital Cuf Descobertas
Rua Mario Botas-Parque das Nacoes
1998-018 Lisbon

T 21 002 5490
F 21 002 5571

Dr. Manuel Passarinho ()**

Office: Hospital da Cruz Vermelha
Rua Duarte Galvao, 54
1549-008 Lisboa
Hours: Mon-Tues- Wed 1400-1830

T 21 771 4000
F 21 778 0671
www.hcvp.com.pt

PEDIATRICIANS

Dr. Sandro Buccimazza ()**

Office: Clinica Europa
Rua Catembe, 165

T 21 456 9800
F 21 456 9826

2775-561 Carcavelos
Hours: Mon Wed Fri 1900-1930 Tues Thurs Sat 0900-1300

www.clinicaeuropa.pt

Dr. Fernando Chavez ()**

Office: Av Duq. d' Avila, 56. 1 D
Lisbon

T 21 330 3650
F 21 330 3659

Hours: Wed 0900-1300 Fri 1400-1800

Office: Clinica Poço Novo
Av. Sintra, 1113, A/B
2750-496 Cascais

T 21482 3590

Dr. Piedade Sande Lemos ()**

Pediatrics and specializes in Gastroenterology

Office: Clinica CUF Cascais
Rua Fernao Lopes-Cobre
2750-663 Cascais

T 21 114 1400
F 21 114 1440

PHYSICAL THERAPISTS

Peter Gerrits ()**

Office: Clinica Europa
Rua Catembe, 165
2775-561 Carcavelos

T 21 456 9784
T 21 485 0656
F 21 485 0656

Hours: Mon thru Fri 0800-1900 Sat. 0930-1200

www.clinicaeuropa.pt

PLASTIC SURGEONS

Dr. Angelo Rebelo ()**

Office: Clinica Milenio
Rua Manuel Silva Leal, 11-C
1600-166 Lisboa

T 21 727 7265
F 21 727 7264

Hours: Mon-Fri 0800-2000

www.clinicamilenio.com

Dr. Edmundo Costa Santos ()**

Hand Reconstruction/ Hand Burns

Office: Campo Grande, 28, 1-B
1700-093 Lisbon

T 21 793 5235
F 21 793 5237

PSYCHIATRISTS

Dr. Elsa Lara ()**

Office: Rua D. Joao V, 4, 1 Rt.
1250-050 Lisboa

T 21 388 9085
T 21 388 4689

Hours: Mon 0900-1700-1900 Thurs 1400-1900

RADIOLOGISTS

Dr. Mario Vilhena ()**

Office: Av. Antonio Augusto de Aguiar, 42, Basement left
1050-017 Lisboa
Hours: Mon thru Fri 0800-1900

T 21 354 2189
T 21 314 5994
F 21 316 2051

IMI-Imagens Medicas Integradas

Lisboa

Office: Av. Antonio Augusto de Aguiar, 40-A
Office: Av de Republica, 99-B
Cascais
Office: Al. do Combatentes de Grande Guerra
Ed. S. Jose
Hours: Mon thru Fri 0800-2000

T 808 250 205
F 21 781 2557
www.imi.pt

RHEUMATOLOGIST

Dr. Jose Canas da Silva ()**

Office: Campo Pequeno, 2, S/L A/B
1000-078 Lisboa
Hours: Mon - Fri 1500-1930

T 21 798 6667
F 21 798 6810

SPEECH THERAPIST

Joanne Scott ()**

Office: The Bloomsbury Practice
Rua dos Geranios, 698, Birre
2750-233 Cascais

T 21 487 2340
joanne@scottworld.net

Mobile:

91 362 6528

Sandra Margarida de Castro Olivença ()**

Office: Clinica Dr. Eduardo Bispo
Rua Julieta Ferrao, 12-7, S 705
1600-131 Lisbon
Lisbon

T 96 278 9525
sandraolivenca@yahoo.co.uk

SURGEONS

Dr. Carmen Maillo ()**

(General Surgery)

Office: Hospital dos Lusíadas
Rua A e D do Loteamento do Alto do Moinhos
1549-970 Lisboa

T 21 770 4040
F 21 770 4081

www.hpplusiadas.pt

Dr. Fernando Cassio ()**

General Surgeon / Breast Clinic

Office: Clinica Europa
Rua Catembe, 107
2775Carcavelos

T 21 456 9800
F 21 456 9826

Office: Medicos Associados Amoreiras
Torres Amoreiras-Av. Duarte Pacheco
Torre 2, 8th Fl., Sala 1
1070-102 Lisbon
Hours: Mon-Fri 0900-2000

T 21 381 3150
F 21 381 3151

Prof. Dr. Americo Dinis da Gama ()**

Vascular Surgery

Office: Hospital da Luz
Avenida Lusitana, 100
1500-650 Lisbon

T 21 710 4400
F 21 710 4409

www.hospitaldaluz.pt

Dr. Joao Miguel Inocentes ()**

Vascular Surgery

UROLOGISTS

Dr. Joshua G.B. Ruah ()**

Office: Rua do Alecrim, 71, R/C
1200-015 Lisboa

T 21 342 8975

F 21 347 3248

Prof. Dr. Albertos Matos Ferreira (*)

Office: Av Sidonio Pais, 8, R/C Rt
1050-214 Lisbon

T 21 316 2703

F 21 316 2704

Hours: Mon Wed Thur 1500-1900

COUNSELING / MENTAL HEALTH

Marilia Teixeira () Psychology**

Office: CMIL
Av Sidonio Pais, 14, R/C left
1050-214 Lisbon

T 21 351 3310

F 21 315 1668

Filipa Raposa ()**

Drug /Alcohol/Nicotine addiction counselor
Office: by appointment or house calls

filipa.paivaraposo@gmail.com

M 91 908 4655

Rosa Sousa Carmo do Amaral ()**

Clinical Psychology/Rehabilitation Counseling/Family Intervention

Office: Clinica Europa
Rua Catembe, 165
2775-561 Carcavelos

T 21 456 9800

M 91 046 0460

www.clinicaeuropa.pt

Ulrica Oom Lowndes Marques()**

Educational Psychologist

Office: CADIN
Estrada da Malveira
2750-782 Cascais

T 21 485 8240

M 91 046 0460

www.cadin.net

Teresa Cabedo ()**

Reflexology /Homeopathy/Electro-acupuncture

Office: CMIL

Av Sidonio Pais, 14, R/C left
1050-214 Lisbon

T 21 351 3310

F 21 315 1668

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